



GECAC UNION CITY SENIOR CENTER

27 Johnson Street, Union City PA, 16438—(814) 438-2146

Open Mon. through Thurs. 9 a.m. to 3p.m.

Laura Spaid, Senior Center Director
Michele Rohrer, Assistant Director



February 2026 Newsletter

REAP PROGRAM



We are re-introducing the REAP program this year. REAP stands for Rewards Earned for Active Participation. This program was designed to encourage attendance throughout the year.

When you participate in classes offered, eat lunch, play cards, volunteer, or just come and visit friends you will indeed be supporting YOUR Senior Center.

By attending regularly you will also reap personal benefits. It is a proven fact that Seniors who are active and stay active live a longer, healthier and happier life.

One of the benefits to reap from this program will be a discounted ticket for the Thanksgiving and Christmas parties.

As we all know, nothing is really free and prices continue to rise on everything. The costs of the two parties mentioned above will be increasing and this is one way for you to get a lower cost ticket.

Start earning your rewards! Make sure you are a registered member, **this is required**, and make sure you participate at least fifteen times by the end of October. That is all there is to it.

The Co-pilot computer makes tracking you easy so be sure you are signing in when you arrive.

FEBRUARY BIRTHDAYS

- 5th Norm Troyer
- 6th Ed Falconer
Linda Zielinski
- 9th Tara Upton
- 10th Dave Boleratz
- 12th Lisa Drissel
- 15th Laura Hanes
- 16th Larry Curtis
- 18th Marge Heginbotham
- 23rd Nancy Clabbatz
- 24th Raymond Nelson



HAPPY ANNIVERSARY

- 16th Arlo & Mary Brenneman
- 24th Tim & Debbie Brunk

If we have missed your birthday or anniversary please let us know so we can add you to our list!

INCOME TAX TIME!

It's that time of year already to be thinking about getting your income taxes and Property tax/Rent Rebates done. We are taking appointments up through April 9th. Please do not wait to make your appointment as they do fill up fast. Please remember to bring your drivers license, last years taxes, and your 2025 tax receipts. If you rent, bring in proof of rent paid for 2025.





GECAC's Medicare Minute

2026 Medicare Changes And the Medicare Prescription Payment Plan

The biggest news in 2026 is that the Part B Premium cost jumped up to \$202.90 a month, and the Annual Deductible went up to \$283.

In 2025, the Part D Out of Pocket cap dropped to \$2,000. In 2026, that cap is now \$2,100.

Do you recall hearing about the doughnut hole? When the spending cap was reduced, the doughnut hole, or coverage gap, went away. Individuals who will find themselves reaching the \$2,100 cap in 2026, or have otherwise difficult to manage prescription costs, can consider the new in 2025, Medicare Prescription Payment Plan. This is for individuals with a Part D stand alone plan, or Part D coverage in their advantage plan.

The Medicare Prescription Payment Plan (PPP) is a voluntary option that allows prescriptions costs to be spread out over several payments. With this plan, payments are not made to the pharmacy, instead, your Part D plan bills monthly. The monthly installment payments may go up or down based on spending, however, they help by reducing big payments to smaller more manageable payments. Your plan will calculate your monthly payments as you fill prescriptions.

This voluntary option can be elected only by contacting your Part D plan provider. For more information in understanding PPP, call your plan, or call you local PA MEDI Office.

PA MEDI Counselors can help you learn about Medicare, Preventative Services, understand and enroll in your plan of choice, appeal Medicare decisions, and more. Help is available to low income Medicare recipients through the Medicare Savings Program and Extra Help Low Income Subsidy program to help pay for your Part B premium and prescription costs.

For help in understanding your options, contact your local PA MEDI Office for More Information

GECAC Erie Area Agency on Aging * 814-459-4581 Ext. 400



Pennsylvania
Medicare Education
and Decision Insight



PA MEDI, available through your local Area Agency on Aging, offers free, confidential, unbiased, and easy-to-understand information to Medicare-eligible individuals, their families, and caregivers.

PA MEDI empowers seniors and people with disabilities to make informed decisions about Medicare health insurance.



Pennsylvania
Department of Aging



SHIP
State Health Insurance
Assistance Program

Navigating Medicare

This publication is funded by a grant award totaling \$ 1.9 million (100%) from the U.S. Department of Health and Human Services.

OLDER AMERICAN'S MONTH

May is Older American's month and we want to celebrate with you! There will be different things going on, and most will be announced at a later date, so make sure you pay attention to the schedule for that day!

GUESSING GAME We are asking for older pictures of yourself. Please write your name on the back of your pictures and put it in an envelope and bring it into the office.

SILLY OUTFIT DAY We are hoping that you will have fun dressing in mismatched clothes or just plain silly.



FREE TABLE RULES

Our free table is the opportunity to offer items that you no longer use that another person would appreciate. If you bring items in please keep this in mind.

- All items must be clean, with no chips or cracks.
- Medications will **NOT** be accepted.
- Less than five items can be brought in at a time.
- Bring it in early in the week and if it is still on the table later in the week please take it back home.

GECAC's Inclement Weather Protocol

Remember that during the winter months, if the Union City School District has a two hour delay or closes for the day; our Center will be Closed. Please Watch the local TV Stations (12, 24 or 35) to keep informed. There may be times when the school is open so please be sure to check your local listings.

Please remember to bring an extra sweater during the winter to help keep you warm in the Center. Also, we would appreciate it, if you would bring an extra pair of shoes, or, slippers and remove your boots at the door. This will help keep our floors dry/safe during the winter months.

Roses are red, Violets are blue,
I'm so grateful for friends like you!
Happy Valentine's Day, Everyone!

SNACKS & MORE

During all hours of operation, our center offers snacks, tea, and soda for just **50 cents each**. Coffee is available exclusively during morning hours at a cost of 50 cents for the day.

For your convenience, cash boxes are located beside the snack area and coffee machine for payment. We strive to keep these refreshments affordable for everyone.



How Do Your Donations and Fundraised Dollars Help Our Center?

Meal Donations help to off-set the cost of meals. On average, the actual cost of the meal is over \$7.00. Meal donations also help to maintain the building and maintain or replace if needed, a stove, a refrigerator, or a freezer. These dollars are vital to maintaining the Center and its daily operations.

Booster Donations and Fundraised Dollars help to pay for parties, entertainment and more. They also help to pay for programming opportunities like exercise, craft classes, computer usage, and again, more. These dollars are vital to your programming options and enjoyment of the Center.

Donations and Fundraisers are all voluntary; however, please continue to support your Center by whatever means you are able. The Centers and their services mean so much, to so many, and your support goes a long way towards helping your Center continue to offer programming and services. Would you like to make other donations? Ask us how you can help.

WE APPRECIATE YOUR DONATIONS!

The GECAC Union City Senior Center, Operated by Greater Erie Community Action Committee (GECAC), Area Agency On Aging, is funded in part by the Department Of Aging.



Dr. Benjamin Wilson, CEO



Ray Maholtz,
AAA Division Manager



FEBRUARY 2026



Menu & Activities

Monday	Tuesday	Wednesday	Thursday
	Lunch is served at 11:45. The menu is subject to change, thank you for understanding.		
2 TACO SALAD 9:00 Fitness 11:30 Bonanza Bingo 12:30 Bingo	3 SAUSAGE SUB 9:00 Line Dance 10:00 Bible Study 11:00 AEA Exercise 12:30 Crafts	4 OX ROAST 9:00 Fitness 9:30 Poker 11:00 Speaker 12:30 Bingo TAXES	5 STUFFED CABBAGE 9:15 Tai Chi 10:00 Line Dance 12:30 Crochet group TAXES
9 SWEET & SOUR MEAT-BALLS 9:00 Fitness 11:30 Bonanza Bingo 12:30 Bingo	10 CHICKEN & MASHED POTATO BOWL 9:00 Line Dance 11:00 AEA Exercise	11 GOULASH 9:00 Fitness 9:30 Poker 12:30 Bingo TAXES	12 CHICKEN ALFREDO 9:15 Tai Chi 10:00 Line Dance 11:00 Trivia TAXES
16 CENTER CLOSED “President’s Day”	17 PORK ROAST 9:00 Line Dance 10:00 BP Screening 11:00 AEA Exercise 12:30 Crafts	18 CHICKEN KIEV 9:00 Fitness 9:30 Poker 12:30 Bingo TAXES	19 HAMBURGER 9:15 Tai Chi 10:00 Line Dance 11:00 Family Feud 12:30 Crochet group TAXES
23 CHILI 9:00 Fitness 11:30 Bonanza Bingo 12:30 Bingo	24 CHICKEN SANDWICH 9:00 Line Dance 11:00 Speaker 12:30 Crafts	25 FRENCH TOAST BAKE 9:00 Fitness 9:30 Poker 12:30 Bingo TAXES	26 CHICKEN & NOODLES 9:15 Tai Chi 10:00 Line Dance TAXES

Please be sure to get your reservations in one week in advance so that we can be sure to have enough food for everyone. Thank you for your cooperation!

Valentine's Day Word Scramble

DIRECTIONS: Unscramble the letters to form the names of 11 different Valentine's Day words. Then unscramble the shaded letters to answer the riddle.

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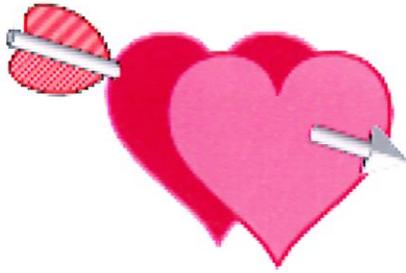
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What did the boy bear say to the girl bear on Valentine's Day?

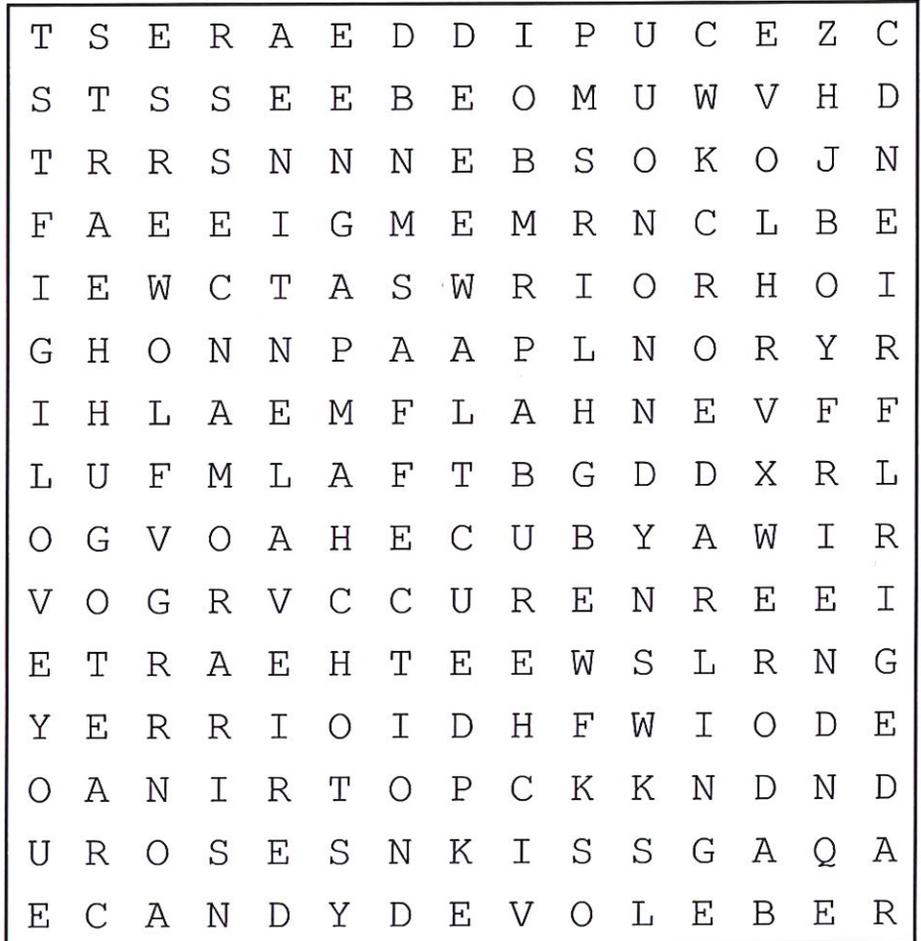




Valentine's Day

February 14th

DIRECTIONS:
Find and circle the
vocabulary words
in the grid. Look
for them in all
directions including
backwards and
diagonally.



- ADORE
- AFFECTION
- ARROW
- BE MINE
- BELOVED
- BOYFRIEND
- CANDY
- CHAMPAGNE
- CHERUB
- CHOCOLATE
- CUPID
- DARLING
- DEAREST
- FLOWERS

- GIFTS
- GIRLFRIEND
- HEARTS
- HUG
- I LOVE YOU
- KISS
- LOVE
- PINK

- POEM
- RED
- ROMANCE
- ROSES
- SWEETHEART
- VALENTINE

